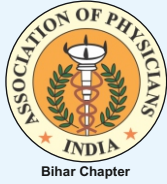




# BIHAR JHARKHAND MEDICAL ASSOCIATION, UK

45<sup>th</sup> ANNUAL CONGRESS & REUNION  
Huddersfield, West Yorkshire

19-20 JULY 2025



## HOLD SUMMIT

Hridayam Foundation, UK & India

API-ICP Forum Bihar & Jharkhand

Format : Hybrid (Face to Face & Online)



Theme : Global Convergence in CVD Prevention

Date : 20 July, 2025 | Timings : 10.30 - 13.15 GMT / 15.00 - 17.45 IST

Venue : John Smith's Stadium, Huddersfield, West Yorkshire, UK

Scientific Programme



Accredited for 4 CME Credit hours by BCMR  
vide letter No. 4926-42/2012 Dated : 18/06/2025

[Click Here for Registration](#)

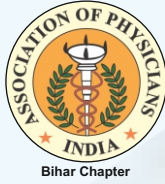


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API-ICP Forum Bihar & Jharkhand



## MODERATOR



**Dr. (Prof.) Ashish Kr. Thakur**  
Organising Chairman, BJMA UK 2025  
Chairman, Hridayam Foundation, UK

10.30 – 11.00 GMT / 15.00 – 15.30 IST

## Welcome & Introductory Remarks



**Dr. (Prof.) B. B. Thakur**  
Chairman  
Hridayam Foundation India



**Dr. (Prof.) Kamlesh Tewary**  
Dean, ICP  
Past President, API



**Dr. (Prof.) Jyotirmay Pal**  
President, API



**Dr. Sahjanand Pd. Singh**  
Ex President IMA



**Dr. (Prof.) P. K. Agrawal**  
Chairman  
API Bihar



**Dr. D. K. Singh**  
Chairman  
API Jharkhand



**Dr. B. K. Singh**  
Convener, API ICP Forum  
Bihar & Jharkhand



**Dr. Arun Mishra**  
Retd Ophthalmic Surgeon &  
Patron, BJMA UK 2025, Wakefield



**Dr. (Prof.) Divya Prakash**  
President, BJMA Central, UK  
Consultant Orthopaedic Surgeon Knee,  
Joint Preservation & Sports Injury Specialist  
Birmingham



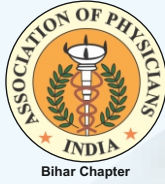
**Dr. Smita Thakur**  
General Practitioner & GPwER- Diabetes  
& Global Leader in Weight Management (GLOW),  
West Yorkshire



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11.00 – 11.30 GMT / 15.30 – 16.00 IST (30 min)

**HYPERTENSION** Topic : Refractory Hypertension in Diverse Worlds : Guidelines to Ground Realities

**Speaker:**



**Dr. Anil Kumar Virmani, Jamshedpur**  
Dean Indian College of Cardio-Diabetology & Metabolic Diseases (ICCMD)

**UK Panellist:**



**Dr. Claire Barnsley**  
General Practitioner & Chair Wakefield LMC,  
Clinical Editor Community Health Pathways,  
Wakefield

**India Panellists:**



**Dr. (Prof.) H. S. Sharma**  
Principal, JLN Medical College & Hospital  
Bhagalpur



**Dr. Satish Kumar**  
Consultant Cardiologist & Chairman  
Wellmark Hospital, Bokaro

11.30 – 12.00GMT / 16.00 – 16.30 IST (30 min)

**OBESITY** Topic : Globesity : The Pandemic & Newer Therapies : Red Tape or Everyone?

**Speaker:**



**Dr. C. Rajeswaran, UK**  
Consultant Physician, Diabetes, Obesity & Endocrinology

**UK Panellist:**



**Dr. Mohammad Misbah**  
Consultant Diabetes, Endocrinology &  
Obesity Management,  
Mid Yorkshire Hospitals NHS Trust

**India Panellists:**



**Dr. Devi Ram**  
Consultant Cardiologist &  
Diabetologist, Purnea



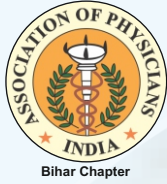
**Dr. Sanjay Kr. Singh**  
Secretary, API Jharkhand  
Professor of Medicine  
RIMS, Ranchi



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Hridayam Foundation, UK & India  
API-ICP Forum Bihar & Jharkhand



12.00 – 12.30 GMT / 16.30 – 17.00 IST (30 min)

**DYSLIPIDAEMIA** Topic : Atherosclerosis Reversal: Myths, Mists and Mission!

**Speaker:**



**Dr. Rajeev Agarwala**  
Director Dept. of Cardiology  
Jaswant Rai Speciality Hospital, Meerut

**UK Panellist:**



**Dr. (Prof.) Sanjay Arya**  
OBE, FRCP (London)  
Consultant Cardiologist & Medical Director  
Responsible Officer & Caldicott Guardian  
Wrightington, Wigan & Leigh Teaching Hospitals (UK)

**India Panellists:**



**Dr. Deepak Gupta**  
Director Cardiac Sciences  
Pulse Superspeciality Hospital,  
Ranchi



**Dr. (Prof.) U. C. Jha**  
HOD, Dept. of Medicine  
DMCH, Darbhanga

12.30 – 13.00 GMT / 17.00 – 17.30 IST (30 min)

**DIABETES** Topic : Bridging Continents - The Elderly Diabetic: Clinic versus Ward Management

**Speaker:**



**Dr. (Prof.) V. Vishwanathan**  
Head & Chief Diabetologist, M V Diabetes Centre, Chennai

**UK Panellist:**



**Dr. Smita Thakur**  
General Practitioner & GPwER- Diabetes  
& Global Leader in Weight Management (GLOW),  
West Yorkshire

**India Panellists:**



**Dr. N. K. Singh**  
Co-Ordinator CME, India  
Consultant Diabetologist  
Dhanbad



**Dr. Amit Kr. Das**  
Consultant Diabetologist  
Ex Chairman API Bihar  
Muzaffarpur

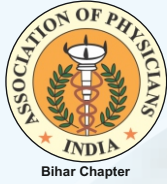


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13.00 – 13.15 GMT / 17.30 – 17.45 IST (15 min)

## SUMMARY & VOTE OF THANKS



**Dr. (Prof.) D. P. Singh**  
Chairman IMA AMS Bihar  
Ex- HOD, Dept. of Respiratory Medicine  
JLNMCH, Bhagalpur  
Ex- Convenor, API-ICP Bihar-Jharkhand



**Dr. Divendu Bhushan**  
Secretary, API Bihar  
Associate Professor & Head  
(Emergency Medicine)  
AIIMS Patna



**Dr. Prateek Akhoury**  
Secretary, BJMA Central, UK  
General Dentist and Dento-legal  
Expert Witness

## BJMA UK 2025 HOLD SUMMIT FACILITATORS

19-20 July 2025



**Dr. Karuna Sharma**  
GP, Hampshire



**Dr. Sanjay Kumar**  
Lead Consultant Respiratory Physician, Lung Cancer  
Calderdale/Huddersfield



**Dr. Anu Priya**  
Consultant Psychiatrist,  
Nottinghamshire



**Dr. Prashant Mani**  
Consultant Paediatrician  
Wakefield



**Miss Mihika Kumar**  
Law Student, University College  
of London (UCL), London



**Mr. Rohan Sharma**  
Medical Student  
Semmelweis University  
Budapest, Hungary

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